Adaptation of a psychosocial screening tool for paediatric burns patients

Anne Gannoni¹ Linda Quinn² Karla Matousek³ Anthony Sparnon⁴

- $1\ Women's\ and\ Children's\ Health\ Network,\ 72\ King\ William\ Rd,\ North\ Adelaide,\ Sth\ Aust,\ 5006,\ anne.gannoni@health.sa.gov.au$
- 2 Women's and Children's Health Network, 72 King William Rd, North Adelaide, Sth Aust, 5006, linda.quinn@health.sa.gov.au
- 3 Women's and Children's Health Network, 72 King William Rd, North Adelaide, Sth Aust, 5006, karla.matousek@health.sa.gov.au
- 4 Women's and Children's Health Network, 72 King William Rd, North Adelaide, Sth Aust, 5006, asparnon@tpg.com.au

Introduction

Whilst the need for a psychosocial screening tool for the Burns paediatric population has been recognized, there is a lack of published, validated tools. The PAT, which is based on a health prevention model (PPPHM), was developed by the Centre for Pediatric Traumatic Stress (CPTS), Children's Hospital, Philadelphia and Nemours/Alfred I. duPont Hospital for Children. It has been validated for use as a screening tool in paediatric oncology. The aim of our project was to adapt it for use with the paediatric burns population.

Method

A series of steps have been outlined by the CPTS to ensure that adaptations are systematic and grounded in scientific knowledge. These include completing a 1) literature review to determine the relevant issues for the selected population, 2) convening a small focus group of staff (multi-disciplinary), and 3) then a parent/caregiver group of patients to assure that the content is relevant to the population and 4) forwarding the outcomes of these steps to CPTS for their consideration for approval for use. We will discuss our approach in completing these steps.

Results and Discussion

The Burns PAT has been approved for use by the Centre for Pediatric Traumatic Stress and we will present examples of its item content, our plans for the tool's validation and implementation, and our desired outcomes for using the PAT in a Burns Service.

Key Words

Psychosocial screening, questionnaire, paediatric

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