Severe right ankle eversion contracture – a lesson from East Timor

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Burn contractures in the developing world present to medical care at a far more advanced stage compared to our populations, often resulting in severe deformity and disability. On a recent trip to East Timor with the Overseas Specialist Surgical Association of Australia (OSSAA) we were presented with a 14 year-old girl who had suffered a severe burn to her right lateral ankle burn 8 years previously. Without adequate acute burn care, or ongoing medical care, this girl developed a 90-degree eversion contracture of her right foot, resulting in severe disability and altering her life. She underwent a contracture release and extensive skin grafting to correct the defect. Here we present in poster format the impressive preoperative photographs and xray, and immediate postoperative results.

